

# ON TRUALITY

A FORGOTTEN IDEA ABOUT  
THE SOURCE OF ALL CREATION



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## **DEDICATION**

This book is dedicated in loving remembrance of my parents, Mihovil (Michael) Kokich (1908-95) and Angelka (Angela) Pavlinovich (1919-2011). With only an elementary education, they immigrated from a fishing village (Podgora) located on the Makarska Riviera of the Dalmatian coast of present day Croatia, to Canada before World War II to start a family and to build a better life.

I will forever appreciate that my parents unconditionally encouraged me to always be genuine and become a better person; obtain an education and work conscientiously; develop my own understanding about the Creator; and, reach my own potential as far as possible. A significant milestone in my personal development was my father's first experience involving "respect for the Creator", when Dad came to Canada as a teenager in 1926. His experience is described in an Appendix article entitled – "God Taught My Father a Lesson".

**George J.V. Kokich. Ottawa, Ontario, Canada**

## FOREWORD

*“Our concept of God must be extended as the dimensions of our world are extended.”* **Pierre Teilhard de Chardin**

As a truth seeker, I was open to investigating all information sources, and searched for more understanding and any clues about the nature of God. In doing so, I was privileged to discover a forgotten idea (Truality) about the “Source of all creation”. This discovery experience entirely changed my traditional perspective about my concepts and ideas about God.

This book shares some personal reflections that face us all about any effort to relate to the Creator. As I became an adult, I neither knew that an idea known as “Truality” (a synonym for God or Source) even existed, nor was I on any conscious search for Truality. Even so, I eventually did discover Truality during a spiritual transformation (kundalini) experience (1968-89).

During my quest for truth, I learned that a comprehensive knowledge about Truality did exist centuries ago. The idea of Truality was originally given by the Creator to humanity's first parents to teach and guide the human race about the Source. Our first parents, however, “lost the idea”, most likely because they did not fully grasp or appreciate it. Over time, knowledge of the idea of Truality dissipated, and faded from human consciousness.

In this book, I am sharing my insights about a number of key ideas about God, as well as relating the idea of Truality to them. I believe that this book can be a reference, devotional, study guide and motivating force for good for those who are interested in knowing the God of their own understanding in more depth. Regardless of what you believe about the Creator, I trust that you will enjoy this book that introduces an enhanced general perspective of the Source.

### **Food for Thought: Optional References For Further Reading.**

1. Morris, 1997... Thomas V. *Our Idea of God*.
2. Nash, 1983... Ronald H. *The Concept of God*.
3. Owen, 1971... H.P. *Concepts of Deity*.
4. Royce, 1895... Ronald H. *The Concept of God*.

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## INTRODUCTION

*“Life will give you whatever experience is most helpful for the evolution of your consciousness.”* **Eckhart Tolle**

Over the centuries, humanity has developed a narrow and limited awareness about the “nature of God”. As a result, very few of us really know or understand God at all; even fewer make a conscious effort to search for more awareness about the Source of all creation.

There are many views on what is known or understood about God. There are some who do not believe that God even exists; some neither care about God, nor like the word God; some believe that God cannot be defined at all; and, others believe that God can be just described (Table 1).

By comparison, my consciousness about God evolved tremendously. Initially, I did not acknowledge the meaning or relevance of God, even though I marveled at the vast scope of all creation on our planet and in our universe at large. When I discovered Truality, however, my consciousness about God accelerated towards deeper spiritual awareness, appreciation and respect for the Source in every conceivable way. I also realized there is a need for everyone to do away with arguing about God’s nature which only hinders personal and interpersonal harmony and spiritual growth.

The rest of this book (2015) is organized as follows: Chapter 1 describes humanity's original gift of Truality; Chapters 2-9 discuss the impact of the loss of Truality on selected issues relative to knowing, understanding, thinking about, and being aware of the Source of all Creation; A summary is presented about the role of Truality on the preceding issues; and, A prospectus about Truality is suggested. The book also includes four supplementary appendices.

### **Food for Thought: Optional References For Further Reading.**

1. Gale, 1993... Richard M., *On the Nature and Existence of God*.
2. Reagan, 2004... Michael, *Reflections on the Nature of God*.
3. Wierenga, 1989... Edward R.,  
*The Nature of God: An Inquiry Into Divine Attributes*.
4. Wommack, 2012... Andrew, *The True Nature of God*.

**Introduction Summary List of limiting Views About God.**

<b>Type of Limiting View About God</b>	<b>Example of Limiting View About God</b>
1. Non-Existence of God.	1. Some do not believe that God even exists.
2. Concept of God.	2. Some neither care about God, nor like the word God.
3. Definition of God.	3. Some believe that God cannot be defined at all.
4. Description of God.	4. Some believe that God can be just described by one or more general and/or specific names and/or attributes.

## 1. On Humanity's Original Gift of Truality

*“Truth and Reality are one, but separated by an abyss of ignorance. Ignorance that dwarfs the vastness of Oceans and deserts.”* **Shehamul Manji**

Truality (a forgotten synonym for God), is the original idea about the Creator. The idea basically is an integral concept about the infinite and eternal Source of anything and everything that exists and does not exist within and outside of all creation. Truality can also be simply described as the Source of all relationships and connections between “truth and reality”.

The general idea of Truality (Table 2), includes details that can be unraveled for more specific guidelines about life. Such details are about “how” to: **know** the Source of all creation; **learn** anything and everything throughout all creation; **evolve** in personal consciousness; and, **live** as a spiritual, energized and love-oriented creation of the Source.

Since our first parents lost Truality, there are no explicit references to the idea of Truality in humanity's literature at large. Parts of the idea, however, are scattered but not connected in the literature. I eventually learned that the entire idea of Truality can be accessed, but with difficulty since it is buried in the subconscious level of every human psyche.

As I learned more about Truality, I realized that I was evolving in two different ways that complemented each other. The first was that as I reviewed my earlier thinking about any subject, I was intuitively changing traditional perspectives by unlearning whatever I thought to be true. I was also learning new perspectives by learning to think more critically. One of the first questions that I re-examined was “What is God?”

### **Food for Thought: Optional References For Further Reading.**

1. Bradley, 2011... F. H. *Essays on Truth and Reality*.
2. Markham, 2000... Ian. *Truth and the Reality of God*.
3. Rank, 1978... Otto. *Truth and Reality*.
4. Stults, 2008... Donald Le Roy. *Grasping Truth and Reality*.



**Table 2. General Idea of the Truality Symbol.**



- 1) The symbol of Infinity (purple) is for **Creativity**.
- 2) The symbol of the Outer Circle (gold) is for **Energy**.
- 3) The symbol for Inside the Circle (green) is for **Growth**.
- 4) The symbol for the letter T for TAO (orange) is for **Balance**.

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## 2. On Knowing What God Is.

*“What if we were to realize that every sunset viewed, every sexual intimacy enjoyed, every favorite food savored, every song sung or listened to... and every moment enjoyed in this life isn’t ultimately about life itself but is an expression and reflection of God’s essential character? Wouldn’t such beautiful and desirable reflections mean that their Source must be even more beautiful – and, ultimately most desirable?” Steve De Witt*

Many views exist about what the nature of God or Source is, and this includes many general names and attributes. There is no consensus, however, about which perspective is most comprehensive, acceptable or universal, nor about the total number of God’s names.

For most of my life, in spite of all my post-graduate education, I neither knew nor felt what “God” is. With no malice or disrespect intended, I wasn’t an atheist, but felt that God was not part of my life. Even so, over the years, I did read about the nature of God, but did not fully appreciate what I read. As I can recall, what I read was either too general or too specific to make sense for me.

I did learn that there was a wide range of differing opinions among believers about what God’s name(s) and attribute(s) are (Table 3). It was also quite evident that there is no consensus on which of these characteristics are universally acceptable.

During my travels, I also observed that the clergy of all religions had conflicting views about what God is. More confusing to me was the fact that there were similar disagreements about “Who is God?”

### **Food for Thought: Optional References For Further Reading.**

1. Byrne, 2011... Maire.  
*The Names of God in Judaism, Christianity and Islam.*
2. Horner, 2014... Christine. *What is God?: Rolling Back the Veil.*
3. Porter, 2000 (ed.)... Barbara N. *One God or Many?: Concepts of Divinity in the Ancient World.*
4. Wilkins, 2003... W.J. *Hindu gods and goddesses.*

**Table 3. Sample List of General Names and Attributes of God.**

<b>General Names of God</b>	<b>General Attributes of God</b>
1. Allah	1. Eternal
2. Brahman	2. Immutable
3. God	3. Infinite
4. I Am	4. Love
5. Jehovah	5. Omnipotent
6. Reality	6. Omnipresent
7. Source	7. Omniscient
8. Spirit	8. Oneness
9. Truth	9. Righteous
10. Yahweh	10. Sovereign

### 3. On Knowing Who God Is.

*“Many are the names of God and infinite the forms through which He may be approached.” Ramakrishna*

I was always amazed not only that there were many general names of God, but also many “personal names of God” (Table 4). My initial knowledge of such names, however, was limited to a Christian perspective.

I learned a Christian perspective, when I was attending Roman Catholic elementary schools, and was taught that there were two major names of the Creator – “God and Jesus” respectively. These names were and still are considered by many Roman Catholics as being interchangeable.

Another Christian teaching was that the “name of Jesus”, besides being the Son of God, was also the God who created everything that exists. Such a focus and/or praise of a single personal name, excludes or ignores the “sanctity of and respect for all other personal names of God”.

As a student at my first university, I learned that there was a large number of other “personal names of the Creator”. Since I could not identify more than a handful of such personal names revered by those in different religions, I then tried to learn more by understanding “What truth is.”

#### **Food for Thought: Optional References For Further Reading.**

1. Berg, 2003... Yehuda. *The 72 Names of God.*
2. Bulls, 2011... James. *The 54 Names of God.*
3. Muhaiyaddeen, 1976... M.R. Bawa.  
*Asma’ul Husna: The 99 Beautiful Names of Allah.*
4. Spangler, 2011... Ann. *The Names of God.*

**Table 4. Sample List of “Personal Names” of God by Religion.**

<b>Name of Founder or Main Prophet</b>	<b>Type of Religion</b>
1. Baha'u'llah	1. Bahá'í
2. Buddha	2. Buddhism
3. Guru Nanak	3. Sikhism
4. Jesus of Nazareth	4. Christianity
5. Krishna	5. Hinduism
6. Lao-Tzu	6. Confucianism
7. Mahavira	7. Jainism
8. Moses	8. Judaism
9. Muhammed	9. Islam
10. Zoroaster	10. Zoroastrianism

#### 4. On Understanding What Truth is

*“Although the pure truth has never been stated, nevertheless, it has never been lost. Its existence does not depend upon human statement but upon sensitivity. In this it is unlike all other knowledge.”* **Paul Brunton**

The original difficulty that we all have in understanding “truth”, starts right after our birth. Every child learns about different types of “specific” falsehoods, as the “belief” in Santa Claus, mythical animals, fairy tales, etc.

Later, their beliefs also include “general” falsehoods, as our universe is finite, our world is flat, and our lifestyle is unique. Such examples, are based on false assumptions, and hinder one’s ability to understand truth.

While there are many definitions (Table 5), there is no universal standard, nor any historical consensus about the meaning of “truth”. In the early 1980s, I found an old Encyclopedia <sup>(1)</sup>, that had “16” pages of truth definitions, which had been suggested by sages over the centuries. Reading all of them gave me a migraine headache.

Many views exist about the imperfect perception of truth, and how it can be resolved by discovering how and why the perception is incorrect. A simple way is to re-examine our personal understanding about “What reality is.”

#### **Food for Thought: Optional References For Further Reading.**

1. Brunton, 1969... Paul.  
*The Hidden Teaching (About Truth) Beyond Yoga.*
2. Fillmore, 1926... Charles. *Talks on Truth.*
3. Singer, 1974... Michael A. *The Search for Truth.*
4. Wrenn, 2014... Chase. *Truth.*

<sup>(1)</sup> A post-WWII Encyclopedia of Philosophy. Publication date not recorded.

**Table 5. Sample List of Types of Truth<sup>(1)</sup>.**

<b>Type of Theory of Truth</b>	<b>Description of Theory of Truth</b>
<b>1. Coherence Theory of Truth</b>	<b>Coherence Theory</b> basically states that a statement is true if it is consistent with other things that are considered true, and which do not contradict it.
<b>2. Correspondence Theory of Truth</b>	<b>Correspondence Theory</b> basically states that a statement is true if it corresponds to, or if it reflects reality.
<b>3. Pragmatic Theory of Truth</b>	<b>Pragmatic Theory</b> basically states that something is true if it is useful to believe.
<b>4. Consensus Theory of Truth</b>	<b>Consensus Theory</b> basically states that truth is whatever is generally agreed upon by a specified group.

<sup>(1)</sup> Sources: Internet searches for “Theories of Truth”.

## 5. On Understanding What Reality is

*“Reality cannot be found except in One single source, because of the interconnection of all things with one another.”* **Gottfreid Wilhelm Leibniz**

Similar to the historical view of truth, there are many ideas, types, and theories about reality (Table 6), no standardized definition of reality; and, no historical consensus about the meaning of “reality”.

Over the years, I have noticed that few have ever been aware of, thought about, or altered their world view of “reality”. They were evolving in their personal consciousness, but not changing their perception of reality. Others had developed their own thoughts about reality. In such cases, they held the belief or opinion that their view was the only reality in life.

Very few scholars had even noticed that the approach to understanding reality was based upon a “duality perspective”, that separated truth and reality as not being related.

If one has a “non-duality perspective” and basically considers truth and reality as complementary, however, it becomes possible to eventually develop a more harmonious way of understanding more about the Creator, about reality, or about any issue. What then is the spiritual path in life all about?

### **Food for Thought: Optional References For Further Reading.**

1. Brunton, 1939... Paul. *The Inner Reality*.
2. Coburn, 2009... Chuck. *The Nature of Reality... And How to Change It*.
3. Morris, 1986... Richard. *The Nature of Reality*.
4. Roberts, 1974... Jane. *Nature of Personal Reality: A Seth Book*.



**Table 6. Sample List of Types of Reality<sup>(1)</sup>.**

<b>Type of Reality</b>	<b>Description of Type of Reality</b>
<b>1. Phenomenological Reality</b>	<b>Phenomenological Reality</b> simply means that reality is based on subjective experience, and that unreality is non-existent.
<b>2. Consensus Reality</b>	<b>Consensus Reality</b> simply means that reality is based on the opinions and observations made by a group of people.
<b>3. Objective Reality</b>	<b>Objective Reality</b> simply means that reality exists independent of our minds.
<b>4. Non-Reality</b>	<b>Non-Reality</b> simply means that nothing is real, and there is no such thing as objective reality.

<sup>(1)</sup> Sources: Internet searches for “Theories of Reality”.

## 6. On Thinking about Life's Spiritual Path

*“The spiritual path – is simply the journey of living our lives. Everyone is on a spiritual path; most people just don't know it.”* **Marianne Williamson**

My original belief about the meaning of the “spiritual path” was rather narrow to say the least. As a young adult, I basically believed that religion and spirituality were the same, and thought that the spiritual path referred to being a member of a particular religion.

For almost half of my life, I didn't realize that the spiritual path was the daily and ongoing journey of living, which included many changes, challenges and experiences. Further, aside from obtaining a post-graduate university education, I did not think very much about the direction of these journeys.

My thinking about the spiritual path changed completely, when I had a spiritual transformation experience which started in the 1970s. As a result, I read as much as possible about the spiritual path (Appendix A2 Article), and started to think more about the spiritual path I was following (Table 7).

Such new thinking really changed my priorities about life. Generally, the change included a desire to learn more about a broader appreciation of the spiritual perspective about life. The most notable specific change was the growing attraction to think about and relate to the Creator. This included thinking about “What is the meaning of life's spiritual evolution?”

### **Food for Thought: Optional References For Further Reading.**

1. Batzler, 1982... Louis Richard. *Journeys on Your Spiritual Path.*
2. Johnson, 1971... Raynor C. *The Spiritual Path.*
3. Kavar, 2010... Louis. *The Good Road: The Journey Along a Spiritual Path.*
4. Maziarek, 2003... Jeff. *Spirituality Simplified: An Ideal Starting Point For Those on the Spiritual Path.*

**Table 7. Sample List of Views About the Spiritual Path.**

<b>Author and Source of View of Spiritual Path</b>	<b>Author’s View of Spiritual Path</b>
<p><b>Batzler, 1982...</b> Louis Richard <b>Source.</b> Journeys on Your Spiritual Path. In Preface.</p>	<p><b>Louis Richard Batzler.</b> “I believe the primary purpose of human life is to know, love and serve God.”</p>
<p><b>Dass, Ram.</b> Psychologist and Spiritual Teacher. <b>Source.</b> Internet Quote.<sup>1</sup></p>	<p><b>Ram Dass.</b> “The Spiritual Journey is individual, highly personal. It can’t be organized or regulated. It isn’t true that everyone should follow one path. Listen to your own truth.”</p>
<p><b>Johnson, 1969...</b> Raynor C. March 7, 1969 <b>Source.</b> “The Spiritual Path”. Address to Edgar Cayce Group in Sydney Australia.</p>	<p><b>Raynor C. Johnson.</b> “The Spiritual Path has been described by a great Teacher as walking under an archway of humility with two keys which will open every door that blocks the Path – the key of love and the key of trust.”</p>
<p><b>Walsch, 2002...</b> Neale Donald <b>Source.</b> Talk with Beliefnet about Walsch’s book <i>The New Revelations</i>. Internet quote<sup>2</sup></p>	<p><b>Neale Donald Walsch.</b> “The world is searching for a new spiritual path, begging for a new set of understandings.”</p>

<sup>1</sup> [www.ramdass.org/making-friends-with-change](http://www.ramdass.org/making-friends-with-change)

<sup>2</sup> [www.beliefnet.com/Wellness/2002/11/Time-For-A-New-Spirituality](http://www.beliefnet.com/Wellness/2002/11/Time-For-A-New-Spirituality)

## 7. On Thinking about Life's Spiritual Evolution

*"We have always been involved in spiritual evolution. We are spiritual beings, we have always been spiritual beings and we will always be spiritual beings."* **Gary Zukav**

As a young adult, I was not aware that "spiritual evolution" actually occurs to some people (Table 8). For many years, my original belief system only included the idea that "evolution" only refers to the physical world (such as the universe, environment, plants and animals) at large.

On a personal level, I knew that we all grow as a person to some extent, but I did not think that I was going through any type of spiritual evolution. Nor did I think about the possibility, since my early thinking about life focused on other more worldly issues.

Because of the spiritual transformation experience I had for 21 continuous years, however, I started to think about spiritual evolution. In doing so, I reviewed the past directions of my life, and awoke to the realization that I was in fact, a spiritual being who was not only changing but evolving too.

I soon realized that I was also becoming more and more aware that my consciousness was changing. This was quite a surprise, since I did not know whether I was ever or was becoming fully conscious, nor had I examined such changes before. The next step I took was to take time to explore "What is the meaning of becoming fully conscious?"

### **Food for Thought: Optional References For Further Reading.**

1. Delugio, 2012... Mary K. *Understanding Spiritual Evolution*.
2. Gilbert, 2014... Mark. *Our Spiritual Evolution: Transcending the Third Dimension*.
3. Seifer and Vieweg, 2009... Nancy and Martin. *When the Soul Awakens: The Path to Spiritual Evolution and a New World Era*.
4. Vaillant, 2009... George E. *Spiritual Evolution: How We Are Wired for Faith, Hope, and Love*.

**Table 8. Sample List of Views About Spiritual Evolution.**

<b>Author and Source of Spiritual Evolution View</b>	<b>Description<sup>(1)</sup> of Author's Views of Spiritual Evolution</b>
<p>1. <b>Delugio, 2012...</b> Mary K. <b>Source.</b> Understanding Spiritual Evolution (Book).</p>	<p><b>Delugio's</b> book is a guide into the natural process of spiritual evolution by illuminating the winding path of your personal life.</p>
<p>2. <b>Gilbert, 2014...</b> Mark <b>Source.</b> Our Spiritual Evolution: Transcending the Third Dimension (Book).</p>	<p><b>Gilbert's</b> book sees our lives as being motivated by two worlds simultaneously--one our physical past through which we have evolved; the other our spiritual truth that pulls us towards a higher future.</p>
<p>3. <b>Seifer &amp; Vieweg, 2008</b> ... Nancy and Martin <b>Source.</b> When the Soul Awakens: The Path to Spiritual Evolution and a New World Era (Book).</p>	<p><b>Seifer and Vieweg's</b> book is about the evolution of consciousness &amp; the birth of a real new age by illuminating the eternal quest for spiritual truth.</p>
<p>4. <b>Vaillant, 2009...</b> George E. <b>Source.</b> Spiritual Evolution: How We Are Wired for Faith, Hope and Love (Book).</p>	<p><b>Vaillant's</b> book argues that evolution has made us spiritual creatures over time, and we are destined to become even more so.</p>

<sup>(1)</sup> Sources: Internet searches for "spiritual evolution books".

## 8. On Becoming Fully Conscious

*“We become fully conscious only when we deeply relate the psychological to the objective complexity (of life). When we are able to relate through action the hidden with the known, then we are beginning to be conscious.”*

**Krishnamurti**

A general observation about “consciousness”, is that most people are not aware about the nature and characteristics of either consciousness at large, or their own personal consciousness. Similarly, very few seem to be aware that during life’s journey, individuals might experience changes to their own “states and stages” of evolving consciousness, since their main priority is survival.

On a personal level, any awareness of consciousness at large that I had prior to my spiritual transformation experience, was the same as most people. During the experience, however, I recognized that I was going through different states and stages of consciousness (Table 9). During the third state and stage, I believe that I became fully conscious for three main reasons. I had evolved beyond the traditional way of duality thinking about life; was open-minded about changing consciousness; and, became aware of Truality, which gave me a holistic and more balanced way of thinking, and stimulated changes in becoming fully conscious.

Presently, I am still in the fourth state and stage of evolving consciousness. I discuss next what is presently happening to my personal consciousness, and focus on “What is the meaning of becoming God-conscious?”

### **Food for Thought: Optional References For Further Reading.**

1. Heater, 2012... Brian M. *30 Steps to Conscious Living*.
2. Kaplan, 2001... Robert O.D.  
*Conscious Seeing: Transforming Your Life Through Your Eyes*.
3. Metzner, 2015... Ralph. *The Expansion of Consciousness*.
4. Pavlina, 2008... Steve. *Personal Development for Smart People: The Conscious Pursuit of Personal Growth*.

**Table 9. Sample List of States & Stages of Evolving Consciousness.**

<b>Type of Personal State<sup>(1)</sup> of Evolving Consciousness</b>	<b>Type of Personal Stage<sup>(1)</sup> of Evolving Consciousness</b>
<b>1. Youthful Consciousness:</b> Re-Awakening the Human Spirit (Early Life in Plato’s Cave)	Stage 1. Duration: 21 Years. Time Period: 1940-1961. [Stage Completed].
<b>2. Semi-Consciousness:</b> Re-Assessment of Truth (Journey Out of Plato’s Cave)	Stage 2. Duration: 21 Years. Time Period: 1961-1982. [Stage Completed].
<b>3. Full Consciousness:</b> Re-Emergence of Truality (Journey to the Sunlight/Source)	Stage 3. Duration: 21 Years. Time Period: 1982-2003. [Stage Completed].
<b>4. Evolving Cosmic Consciousness:</b> Re-Discovery of Truality in Depth (Journey Beyond the Cave)	Stage 4. Duration: 21 Years. Time Period: 2003-2024. [Stage Still in Progress]

<sup>(1)</sup>“States and Stages are based on the author’s lifetime experience, and relative to Plato’s Allegory of the Cave about humanity’s evolving consciousness from being a materialist being to becoming a spiritual being.  
 - Each State refers to the level of Consciousness involved.  
 - Each Stage refers to the time period involved.

## 9. On Becoming God Conscious

*“When we live our lives with God-Consciousness, with a joyful, spiritual wisdom, it’s like a butterfly emerging from a cocoon, it’s like breaking the chains (e.g. fears) that bind us... We are secure in knowing, that life is a continually changing, ongoing process in which we are free to explore every dimension of God on our journey through eternity.”* **Diane Goble**

I feel there is considerable confusion about what is meant by “becoming God-conscious”. I do not think it means just knowing more about God; listing names of Deity; describing God with a list of attributes; or, saying you have a real and personal relationship with the Source.

Becoming God-conscious goes beyond the preceding by being open to learning much more about life and our existence. This includes developing awareness of all-inclusive connections (Table 10), not only with the Source of everything, but also with anything and everything within all of creation.

Based on my life journey and experience so far, I can share that as one becomes increasingly able to connect with the Source, an exciting and magical experience can occur. At some point, the connections that emerge can become a two-way flow and dialogue with Source.

What is especially exciting to me is that the original idea of Truality clearly can enhance one’s ability to evolve as a spiritual being, and become more and more God-conscious. What then is the role of Truality?

### **Food for Thought: Optional References For Further Reading.**

1. Lionberger, 2007... John. *Renewal in the Wilderness: A Spiritual Guide to Connecting With God in the Natural World.*
2. Martin and Getten, 2015... Debra & Sheri. *Direct Connect to God.*
3. Parks and Bankford, 2012... Eric & Casey. *Frequency: Discovering Your Unique Connection to God.*
4. St. Romain, 2014... Philip. *God and I: Exploring the Connections Between God, Self and Ego.*



**Table 10. Sample List of Types of Connections With Source.**

<b>Types of Connections With Source</b>	<b>Examples of Types of Connections With Source</b>
1. Knowing-Related Connections	1.1 Cosmos 1.2 Galaxies 1.3 Universes 1.4 Urantia <sup>(1)</sup>
2. Understanding-Related Connections	2.1 Self 2.2 Others 2.3 Societies 2.4 Cultures
3. Thinking-Related Connections	3.1 Science 3.2 Religion 3.3 History 3.4 Philosophy
4. Awareness-Related Connections	4.1 Source (God) 4.2 Truth 4.3 Reality 4.4 Truality

<sup>(1)</sup>The Urantia Foundation, 1955. *The Urantia Book*, which presents revelations about God, the Universe, this planet, and the life of Jesus.

## **Summary and Role of Truality on Selected Issues**

**On Knowing God (Source).** Knowing what and who God is still not clear to people at large. As already indicated, the lists of names and attributes for God, and the said characteristics are only samples of one and many names and attributes that believers use. A Truality perspective is entirely inclusive and “respects all names and attributes” of the Creator, instead of using the traditional exclusive approach to knowing God (Table 11).

**On Understanding Truth and Reality.** For centuries, understanding what is truth and reality respectively, has eluded most scholars and others. The traditional approach has been to separate the two ideas, instead of relating them together. A Truality perspective focuses on understanding the “unity between truth and reality”, and does relate them together.

**On Thinking About Spiritual Issues.** One observation about how people think about spiritual issues (such as the spiritual path or spiritual evolution), is that most people do not think about such issues at all. They primarily think about basic survival (food, shelter, etc.) issues, and have a right to do so. A Truality perspective is more comprehensive, however, and allows every person to freely acknowledge the Source of the oneness of life, and to recognize that the life journey is a spiritual journey. Even individuals who think otherwise, will someday realize more about the role of Spirit in life.

**On Being Aware of Consciousness.** As a truth seeker all my life, I am still astonished that very few individuals are aware about the general nature and Source of consciousness, specific evolution of their personal consciousness, or of any related changes occurring to them. A Truality perspective can be valuable to such individuals, since it provides broader and more meaningful insights about the infinite totality of all consciousness within all creation. Given the above, “What is the prospectus on the specific elaboration of Truality?”

**Table 11. Summary List of Selected Issues and Role of Truality.**

<b>Summary on Selected Issues</b>	<b>Role of Truality on Selected Issues</b>
<p><b>1. Knowing God (Source).</b></p> <p>“Knowing what and who God is still not clear to people at large.”</p>	<p>1. A Truality perspective – is entirely inclusive and “respects all names and attributes” of the Creator, instead of using the traditional exclusive approach to knowing God.”</p>
<p><b>2. Understanding Truth and Reality.</b></p> <p>“For centuries, understanding what is truth and reality respectively, has eluded most scholars and others.”</p>	<p>2. A Truality perspective – focuses on understanding the “unity between truth and reality”, and does relate them together.”</p>
<p><b>3. Thinking About Spiritual Issues.</b></p> <p>“Most people do not think about spiritual issues (such as the spiritual path or spiritual evolution) at all.”</p>	<p>3. A Truality perspective – on how to think on spiritual issues is more comprehensive, and allows every person to freely acknowledge the Source of the oneness of life, and to recognize that the life journey is a spiritual journey.”</p>
<p><b>4. Being Aware of Consciousness.</b></p> <p>“Very few individuals are aware about the general nature and Source of consciousness, specific evolution of their personal consciousness, or of any related changes occurring to them.”</p>	<p>1. A Truality perspective – on being aware of consciousness is valuable to such individuals, since it provides broader and more meaningful insights about the infinite totality of all consciousness within all creation.”</p>

## D. Prospectus on the Specific Elaboration of Truality

*“God is therefore unknowable. This is the fundamental premise of the Bible.”* **Leo Strauss**

**God is Unknowable.** I would like to first address the traditional question about whether God (Source), is either knowable or unknowable. To suggest “either alternative” is not acceptable since that approach is based on duality thinking that always separates any part from the whole. A Truality perspective, however, uses a holistic approach and “respects both possibilities”. Thus, it is acceptable that some aspects or descriptions of God/Source are unknowable, and other aspects are knowable.

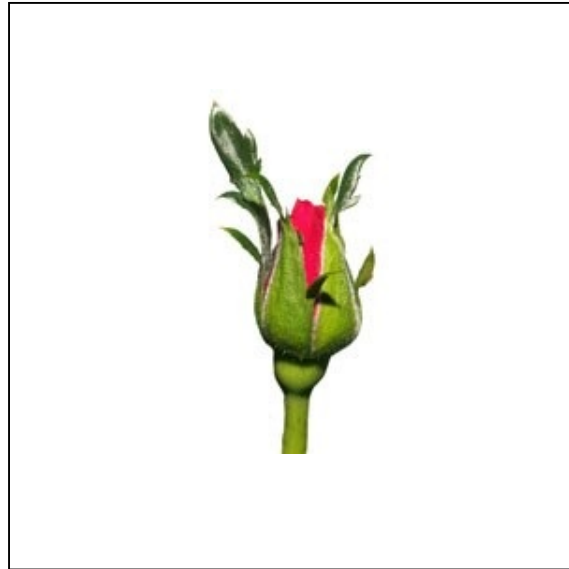
**Prospectus.** Given the preceding, the prospectus about Truality can be summarized as follows. First and foremost, is the guideline that to only know about the “general idea of Truality” is not enough, since it is only the starting point. Doing so, is like symbolically considering general Truality as a flower that has not bloomed yet “as the total idea” (Table 12). The next step is to know and understand Truality in more depth by symbolically considering the “specific idea of Truality” as a flower that has bloomed and revealed it’s petals (Table 13). What do the petals represent?

In brief, the petals symbolize different parts of the specific idea of Truality. Some of the specific characteristics relate to the following. **How to:**

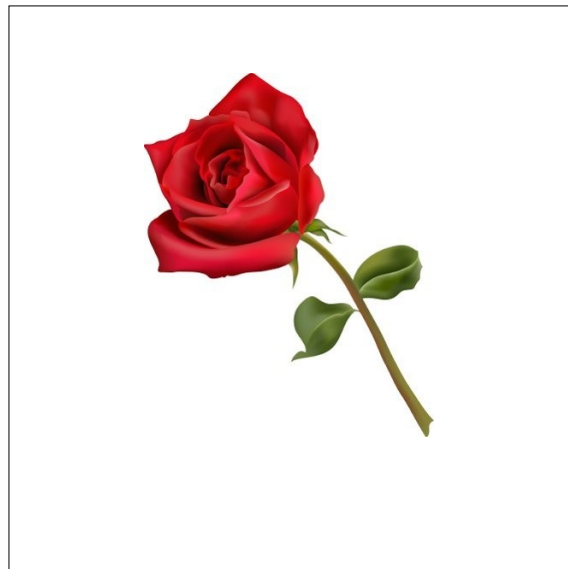
- 1) **Know** more about the relationship between truth and reality, beyond a duality-based context (“both/and”, or “either/or”), to one holistic-based context (“and/or”);
- 2) **Understand** more about the universal principles that apply concurrently to all ideas, sciences, religions, and philosophies;
- 3) **Think** more about both traditional and non-traditional ways of thinking about anything and everything within all of creation; and,
- 4) **Be** more aware about the ways that our personal consciousness of self, others, our world, and Source is changing on an ongoing basis.

**More Information.** A second book tentatively entitled *How I Discovered Truality* is under preparation about my personal experiences in searching for Truth during changes in my evolving consciousness, and discovering Truality in this lifetime. The book will elaborate more details about the specific parts of Truality.

**Table 12. Rose (Symbol of Truality) Ready to Bloom.**



**Table 13. Rose with Petals (Symbol of Parts of Truality) that have Bloomed.**



**Appendix A1. Article<sup>(1)</sup> by Author:**

**“God Taught My Father a Lesson” (page 1 of 3)**

When I was growing up in Toronto, Ontario, Canada, my parents often hosted a wide range of people from different backgrounds who came to visit our family. At a later date, I recognized that over the years neither of my parents had ever been racist in their views about or actions towards others. In 1986, I asked my dad if he would explain why, while interviewing him concerning our family’s history. My father’s following answer, which is presented with his permission, turned out to be one of the most important milestones in my own spiritual growth and development.

My father, Mihovil Kokich, presently of Etobicoke, Ontario, commenced his explanation by recalling that he emigrated from the coastal village of Podgora on the Dalmatian coast of present day Croatia to Canada in 1926. At that time, he was only 17 years old when he arrived in Halifax, Nova Scotia. He was on his way to join his older sister in northern Ontario. As he well remembered, he was waiting in Halifax for three days for the train connection to northern Ontario when a unforgettable experience occurred.

By the third day, my dad became acutely hungry since he had not eaten for a while. His stomach was aching. He tried to ask for and purchase food, but without success since he could not do so in the English language. Whenever he would try to do so, he obviously “being an immigrant to the local citizens”, was either ignored or encouraged to go away. Then, a friendly individual appeared.

As my father expressed it, “Finally, someone approached me who understood my language.” His joy was ecstatic. Dad continued to remember that the man approached and asked him, in the Croatian language, “When did you come to Canada?” and “Where from?” The man then claimed that he similarly had also immigrated earlier to Canada from a village near to my father’s village of origin. This was significant since it was like meeting another family member in this new country.

**“God Taught My Father a Lesson”** continued (page 2 of 3)

The conversation continued with the interested stranger saying that was “enough of this talk about the old country. You seem perplexed. What’s the matter?” Dad: “I am hungry. I haven’t eaten for three days.” Stranger: “You need money in Canada to buy food. Do you have any?” Dad: “Yes. before I left home, my family got together and gave me a gift of \$100 to help me start my new life in Canada.” Stranger: “If you give me the money. I’ll be willing to buy and bring you some food. I understand their (Canadian) language. It’s preferable that I talk to them and that you stay here, since Canadians are jealous of us when we do not speak their language.”

My father being young and trusting gave the stranger all the money he had. The stranger... never returned. My father realized shortly thereafter that the stranger would not return; he had been tricked by the first person he met in Canada, an individual who appeared to be of the same nationality. Dad’s hunger, however, outweighed any tendency to dwell on this unexpected experience. Now without any money, he instinctively tried to obtain food by approaching anyone who passed, and by rubbing his stomach to indicate that he was hungry. As before, those who passed by ignored him.

Then, another friendly soul approached my father. This second man was an older black porter who worked for the railways. In a gentle fashion, the porter used his hands to try and calm my father, pointed to a bench, and encouraged my father to sit down and wait. A few minutes later, the porter returned with a tray of food and gave it to my dad.

To my amazement, my dad then visualized the tray of food in front of him, used one of his fingers to point to each part of the tray, and specified where each type of food item was on the tray. In my father’s words, “a banana was in this corner; beside it was an apple; beside it was a chicken sandwich; and so on.” Sixty years after the fact, he remembered every detail. He also added that the porter did not ask for any money. He simply smiled, then walked away.

**“God Taught My Father a Lesson”** continued (page 3 of 3)

Dad then proceeded to answer my original question. With tears coming down his cheeks, my father reflected on this experience as a major one in his life, and on how it affected him in raising his family as well as in treating others. In his own words, he said “George—that porter’s face was as black as coal. But his heart was as pure as snow. With this first experience in Canada, God taught me a lesson. I realized that God was teaching me to always respect everyone regardless of their characteristics, such as color, culture or religion. I also knew that God would punish me if I did not apply this lesson of life.”

A few months ago. I shared this story with a recent young adult immigrant to Canada from Pakistan. As I was finishing the story, the young man started to cry. When I tried to apologize in case I may have said something that upset him, he said,

“There is no need to apologize. What happened to your dad similarly happened to my late and dear grandfather who came to British Columbia in the early 1900s to earn some money to help his young family back in India. In his case, he was tricked out of all his worldly possessions by another man from his country. The individual who was the first one to show my grandfather some compassion by giving him some food, however, was an aboriginal native person.”

<sup>(1)</sup>**Kokich, 1995... George J.V. Spiritual Frontiers, Quarterly Journal of Spiritual Frontiers Fellowship International. Vol. XXVIII:1/2: 51-53. Winter/Spring, 1995.**



**Appendix A2 Article<sup>(1)</sup> by Author:**

**“Journeys on Your Spiritual Path in the 1990s” (Page 1 of 3)**

“I believe the primary purpose of human life is to know, love and serve God” is the Rev. Dr. Louis Richard Batzler’s opening preface sentence to his book, *Journeys on Your Spiritual Path*, which presents his thoughts on a variety of issues, such as spirituality, the awakening and expanding of consciousness, the quest for truth, and life’s meaning. Such a perspective on life was also the premise that Dr. Batzler recently elaborated during a special presentation given at the Talisman Motor Inn in Ottawa. The preceding presentation was sponsored by the Ottawa-Hull Chapter of Spiritual Frontiers Fellowship International (SFFI), an interfaith group positioned on the frontiers of the major spiritual and ethical issues facing individuals at the close of the twentieth century. Its goal is spiritual unfoldment for a more meaningful and service-oriented life.

Dr. Batzler, a former president of SFFI is also the author of a number of other books, such as *Awaken the Genius in Your Child; How to Benefit from Stress; and The Rising Tide of Suicide*. [A Guide to Prevention, Intervention and Postvention]. His writings deal primarily with spirituality, holistic health, the paranormal and thanatology [death, grief, suicide]. Career-wise he has worked in a number of positions in government, industry, education, hospitals, churches, counseling, holistic health and various peace and social justice organizations.

While recognizing that there are many spiritual perspectives in life, he stated that the purpose of his talk was to share his journeys, experiences and thoughts about the spiritual path in a holistic context, as well as encourage those in attendance to think about and discuss the issues being addressed. Dr. Batzler also expressed the wish to hear something about the journeys of those present.

**“Journeys on Your Spiritual Path in the 1990s” (Page 2 of 3)**

There were 3 broad parts to the presentation that followed. The first part focused on a number of selected considerations which play a role in influencing our journeys in life. One consideration is the role of basic needs, as exemplified by a discussion of Maslow’s hierarchy of needs, starting with the initial physical and safety needs of a new-born child up to the self-transcendence need of an adult. According to Dr. Batzler, Maslow’s overview about human needs allows you to identify which need(s) characterize your current spiritual progress.

Another consideration is the role of various influences on your life. Given his holistic perspective, Dr. Batzler outlined and discussed a multi-dimensional model, which included perinatal, archetypal, past life, somatic, biographic and existentialist-related types of influences. He pointed out that explorations into such dimensions often reveal that more than one have a major influence on our life and spiritual orientation.

A third consideration is the role of personal thoughts and feelings about facing one’s own death. A discussion on this topic was facilitated by the provision of a handout questionnaire, which was designed to enable any participant to identify some of their views on death. Dr. Batzler suggested that such an exercise is useful in evaluating one’s self image on the spiritual path, by reflecting on a number of indicators, such as the type of eulogy or epitaph that one would write for oneself.

The role of various obstacles that may hinder each of us during our quest to evolve spiritually is a fourth consideration. Such obstacles include the inability to resolve the search for personal identity; the continuing presence of a variety of fears, anxieties and guilt feelings; the utilization of absolute thinking; and the inability to love. In discussing these obstacles, Dr. Batzler noted that the main obstacle in life was often a “lack of faith”.

**“Journeys on Your Spiritual Path in the 1990s” (Page 3 of 3)**

The second part of the presentation concentrated on a number of journeys that can be an ongoing part of our spiritual path in life. One type of journey which was discussed was the use of specific techniques, such as the interpretation of dreams, the use of positive affirmations, healing meditations and introspective imagery. Relative to each technique, Dr. Batzler noted that it was not sufficient just to have a knowledge of such journeys, but also to be willing to practically apply them in our life.

Other types of journeys on one’s spiritual quest in life two types of experiential guided imagery exercises. One was the use of selected music tapes to induce desired images, feelings, and healings. Another exercise involved the use of a portion of a taped lecture given by a native Indian and spiritual leader (G.R. Tsonakwa), who reflected on the need to be on good relations with the earth.

In the third part, Dr. Batzler attempted to integrate the variety of journeys and background considerations that could be used by discussing the role of values in life and value clarification. He expressed the opinion that many people are not aware of their basic values simply because they have not taken time to think about their priorities in terms of what is most important to them. The discussion on values also included an exercise on how to identify and clarify one’s priorities in life over a short and long term basis. Dr. Batzler concluded his talk by sharing his own personal priority on the spiritual path in life. After years of many journeys, he indicated that he is committed to the guideline “on the spiritual path, the bottom line is love”.

<sup>(1)</sup>**Kokich, 1995... George J.V. Tone Magazine: A Forum for the Consciousness Raising Community in the Ottawa (Ontario) Area. Vol. 6, No.1: 26-27. Sept. 1990.**

### **Appendix A3: About the Author**

*“You must be the change you wish to see in the world.”* **Mahatma Ghandi**

**Personal Background.** George Kokich was born in September 1940 in Sault Ste Marie Ontario, Canada. He was blessed to have wonderful and caring parents; many thoughtful relatives and friends; and, an opportunity to learn, grow and mature as a person, and to extensively travel to several countries in North and Central America, Australasia and Europe.

**Education and Work Experience.** The author obtained a post-graduate education at seven universities, majoring in cultural and social geography, with minors in history and philosophy. He had an interesting work career, and held management and professional positions for about thirty years, within the strategic policy/planning sector of Canada’s federal government.

**Passions in Life.** The author has two lifelong passions. The first is his love of music (especially singalongs), playing the piano-accordion, and being able to musically entertain seniors at large. His second is being a truth seeker, and searching for God/truth in every source possible. His quest applies to all ideas, sciences, religions, and philosophies. It began because of so many questions he had that remained unanswered over the ages, & the nonsense involved with the incredible “gobbledegook answers” given/taught taught by philosophers, scientists, religionists, and educators.

**A Changing & Evolving Spiritual Perspective.** Without a doubt, the most rewarding benefit that I ever received as a truth seeker, was to realize that my quest for truth included a changing and evolving spiritual perspective:

- **From 1940-1968**, I was not conscious of having any spiritual perspective.
- **From 1968-1989**, I had a spiritual transformation experience, that awakened me to the nature and role of the Source of my being;
- **In 1990**, I founded an open-minded educational forum, Spiritual Frontiers Canada ([www.spiritualfrontiers.ca](http://www.spiritualfrontiers.ca)), that introduced me to more meaningful and heartfelt ideas about life as well as different views about the Source of all creation; and,
- **Since 2000**, I am privileged to have received, and am able to develop more connections with Source, that continue to lift my personal spirit every day and in every way to the limit.

## **Appendix A4: Acknowledgements**

*“Saying thank you is more than good manners. It is good spirituality.”*

**Alfred Painter**

This book is only a general introduction to the forgotten idea of Truality, and presents relative reflections on a number of issues about the search for God/truth. The reflections are based on the author’s lifelong research and evaluation of various sources of information. I am especially grateful to the Source of my being for the inspiration that I received from the Spirit of Truth to write this book. The Creator’s guidance to me was and always is positive, meticulous, consistent and encouraging.

In addition to my main Source, I am also very appreciative to many individuals who assisted me in different ways. Seven of my special friends with an enhanced spiritual perspective, who contributed were the following: **Rev. Louis Richard Batzler** (Kill Devil Hills, North Carolina), who provided ongoing thoughtful suggestions and advice; **Jack Falt** (Almonte, Ontario), who conscientiously contributed his editorial and computer skills in producing the book; **Charles Gregoire** and **Heidi Brault** (Kanata, ON), who provided website and software services; **Michael Woodley** (Ottawa, Ontario), who offered practical suggestions on conceptual and publishing issues; **Rick Eppich** (Kanata, Ontario), who shared his conceptual and technical research expertise with me whenever needed; and, **Tom Dettman** (Ottawa, Ontario), for his personal interest, support, advice and encouragement.

I also really appreciated the contributions of many local friends, who were willing to discuss the book’s proposed content and implications. It would be overwhelming for me to list all the names of those who were involved over the last thirty years. Most of these friends, however, were or are part of ongoing monthly discussion groups in Ottawa, including members of Spiritual Frontiers Canada ([www.spiritualfrontiers.ca](http://www.spiritualfrontiers.ca)).

I am also thankful to my family (wife Yolande and sons Michael and Alex) for their continuing support. Their patience and understanding enabled me to comfortably progress in writing this book at my own pace.